

Somerset Diabetes Foot Integrated Pathway

Annual Diabetes Review at GP Practice*

Also for patients with a new foot problem or newly diagnosed diabetes

Perform a foot examination with shoes and socks/stockings removed

Test sensation using 10g monofilament

Palpate foot pulses

Inspect for deformity and callus

Inspect for ulceration

Inspect footwear

Ask about pain

Triage to appropriate risk stratification category

Low Risk

No risk factors except callus

- Normal sensation
- Normal pulses

Give written advice[§]

Organise 6 or 12 month **review** at GP practice

Increased Risk

One risk factor present

- Deformity *or*
- Neuropathy *or*
- Non-critical ischaemia

Give written advice[§]

Refer to Somerset Community Podiatry Service* (FPT)

To be **reviewed** in 3-6 months by FPT and advised to call Somerset Community Podiatry service if feet deteriorate before next appointment

High Risk

- Previous ulcer
- Previous amputation
- On renal replacement therapy
- Neuropathy *plus* non-critical ischaemia
- Neuropathy *plus* callus and/or deformity
- Non-critical ischaemia *plus* callus and /or deformity

Give written advice[§]

Refer to Somerset Community Podiatry Service* (FPT)

To be **reviewed** in 1-3 months by FPT and advised to call Somerset Community Podiatry service if feet deteriorate before next appointment

Active/Ulcerated Foot

- New ulceration, swelling or discolouration
- Deteriorating chronic ulcers

Give leaflet and advise to call Somerset Community Podiatry Service if foot deteriorates before appointment[§]

Refer **URGENTLY** to Somerset Community Podiatry Service (email labelled urgent or GP phonenumber 01749 836518) to be seen in an Ulcer Clinic within 24 hours by a Community Member of the MDFT for assessment and decision to manage in community, refer to hospital-based MDFT or arrange admission

Once healed, step down to regular Community Podiatry reviews
If required, refer on to vascular surgery, orthopaedics or orthotics

Emergency Conditions

Systemic infection with or without ulceration **arrange urgent admission** via Somerset Primary Link (SPL) **01749 836700** at Taunton, Yeovil, Bath or Weston

Infected gangrene or acute foot ischaemia refer to Vascular Team at Taunton via SPL **01749 836700**

FPT – Foot Protection Team provided by Somerset Community Podiatry Service

MDFT – Multidisciplinary Foot Team provided by joint working between Somerset Community Podiatry Service, YDH and TST

ANTIBIOTIC GUIDELINES available [here](#)

Somerset Partnership Community Podiatry
Mon-Fri 08.30 – 15.00

Chard Booking Office
01460 247555

PhysiotherapyMSKandPodiatryChard@sompar.nhs.uk

Bridgwater Booking Office
01278 436733

PhysiotherapyMSKandPodiatryBridgwater@sompar.nhs.uk

[§] Leaflets can be downloaded: <http://intranet.sompar.nhs.uk/trust-information/communications-and-patient-information/leaflets-and-fact-sheets/>

*Practitioner to be competent as per National Skills Framework guidance – https://diabetes-resources-production.s3-eu-west-1.amazonaws.com/diabetes-storage/migration/pdf/NMSF_16Feb2011.pdf