**Inviting high risk patients into practice for review**

Text message title:**Book your diabetes review**

Below is a sample text message which can be sent to patients who meet one or more of the following criteria inviting them to attend a review, please delete the below in yellow as appropriate.

* People who had significantly sub-optimal control when last reviewed (eg one or more of):
  + HbA1c > 86 mmol/mol
  + BP =>160/100 mmHg
  + eGFR < 45 mL/min/1.73 m2
  + established CVD not on a statin
  + BMI => 40 kg/m2
* People who have not had recent clinical contact:
  + not been checked for over 24 months
* People at high COViD risk:
  + unvaccinated against COViD

Dear add name

When you have diabetes, you should be invited into your practice for regular reviews. Our records show that either we have not seen you for over 24 months or one of your diabetes readings was high last time we did see you. It is important that we see you again for a review, please contact the practice to book this in.

add practice conclusion

**Diabetes My Way**

**Text message title: Find out more about your diabetes!**

Dear add name

Want to keep track of your diabetes and live well? Diabetes My Way is a great place to start! Register to see your GP diabetes data. Lots of information to help you choose what to eat, how you can become more active, what is in your community, how you can best care for yourself. Visit <https://diabetesmyway.nhs.uk/> and click ‘register’.

add practice conclusion

380 characters with spaces

**Online Structured Education**

**Text message title: Learn more about diabetes from home**

Dear add name

There’s a lot to learn about diabetes. And a free online education course can help you look after yourself, however long you've been living with diabetes. Diabetes My Way has a range of NHS approved courses which you can complete at home in your own time. They will give you the information to help you reduce the chance of developing serious problems. Visit [Diabetes My Way eLearning](https://elearning.diabetesmyway.nhs.uk/) to register.

add practice conclusion

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